Schedule

| Date | Schedule | Arrangements |
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| November 12, 2023Sunday | Beijing (China) - Tel Aviv (Israel)-Afula | Take Hainan Airlines HU7957, Beijing to Tel Aviv, 01:55--07:45 (local time for take-off and landing)Tel Aviv (Israel) - AfulaTake a bus from Tel Aviv to Afula, about an hour away, arriving at around 12:00 local time. Check into accommodation, rest and adjust to jet lag. |
| November 13, 2023 to December 14, 2023(Every Sunday to Thursday) | Afula:Emek Medical Center | Morning pre-shift meetings, ward rounds, participating in consultations, learning emergency trauma diagnosis and treatment, ECRP seminars, first aid resuscitation skills improvement training, multidisciplinary case discussion, attending internal training (every Thursday)Contact: Anan H. AbbasiDeputy Director Emek Medical CenterContact Tel : +972-4-649-4538Address: 21 Y. Rabin Blvd. Afula 1834111, Israel |
| December 15, 2023 to January 11, 2024(Every Sunday to Thursday) | Afula:Emek Medical Center | Morning pre-shift meeting, ward round, participating in consultation, learning the clinical diagnosis and treatment norms of finger replantation, patient rehabilitation seminar, trauma first aid treatment, attend internal training (every Thursday)Contact: Anan H. AbbasiDeputy Director Emek Medical CenterContact Tel : +972-4-649-4538Address: 21 Y. Rabin Blvd. Afula 1834111, Israel |
| From 12 January 2024 to 3 February 2024(Every Sunday to Thursday) | Afula:Emek Medical Center | Morning pre-shift meeting, ward rounds, participating in consultation, learning cardiopulmonary resuscitation treatment, medical quality and safety symposium, robotic surgery observation, multidisciplinary case discussion, participating in internal training (every Thursday)Contact: Anan H. AbbasiDeputy Director Emek Medical CenterContact Tel : +972-4-649-4538Address: 21 Y. Rabin Blvd. Afula 1834111, Israel |
| February 4, 2024Sunday | Afula - Tel Aviv (Israel) - Beijing (China) | Afula took a bus to Tel Aviv airport, an hour awayHainan Airlines HU7958, Tel Aviv to Beijing, 13:35-05:00+1 day (sunset in Beijing on December 21) |
| February 5, 2024Monday | Beijing (China) | Arrived in Beijing at 5 a.m |

## 中文日程

| 日期 | 行程 | 安排 |
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| 2023年11月12日周日 | 北京（中国） － 特拉维夫（以色列）--阿弗拉 | 乘坐海南航空HU7957，北京飞往特拉维夫，01:55--07:45（起飞降落均为当地时间）特拉维夫（以色列）--阿弗拉从特拉维夫乘坐大巴前往阿弗拉，路途约1小时，抵达阿弗拉大约是当地时间12点。入住住宿地点，休息，调整时差。 |
| 2023 年11月13日至2023 年12月14日（每周日到周四） | 阿弗拉：Emek医学中心 | 早班前会议，查房，参与问诊，学习创伤急救诊疗，ECRP座谈会，急救复苏技能提升训练，多学科病例讨论，参加内部培训（每周四）联系人：安南·阿巴西副院长，Emek医学中心联系电话: +972-4-649-4538地址:21 Y. Rabin Blvd. Afula 1834111, Israel |
| 2023年12月15日至 2024年 1月11日（每周日到周四） | 阿弗拉：Emek医学中心 | 早班前会议，查房，参与问诊，学习脑复苏治疗，患者康复治疗座谈会，多学科病例讨论，术后康复治疗，参加内部培训（每周四）联系人：安南·阿巴西副院长，Emek医学中心联系电话: +972-4-649-4538地址:21 Y. Rabin Blvd. Afula 1834111, Israel |
| 2024年1月12日至2024年2月3日（每周日到周四） | 阿弗拉：Emek医学中心 | 早班前会议，查房，参与问诊，学习心肺复苏治疗，医疗质量安全座谈会，机器人手术观摩，多学科病例讨论，参加内部培训（每周四）联系人: 安南·阿巴西 副院长，Emek医学中心联系电话: +972-4-649-4538地址:21 Y. Rabin Blvd. Afula 1834111, Israel |
| 2024年2月4日周日 | 阿弗拉--特拉维夫（以色列）－ 北京（中国） | 阿弗拉乘大巴前往特拉维夫机场，路途1小时乘坐海南航空HU7958，特拉维夫飞往北京，13:35-05:00+1天（12月21日落地北京） |
| 2024年2月5日周一 | 北京（中国） | 上午5点抵达北京 |